

Calvary
MORNING PRAYER

Monday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

This week in our spiritual preparations for Holy Week, we meditate upon some of the Stations of the Cross.

We begin with

**THE SECOND STATION:
JESUS TAKES UP HIS CROSS**

We adore you O Christ, and we bless you.

***Because by your holy Cross,
you have redeemed the world.***

The Cross of suffering is given to Jesus,
and he takes it upon his bruised shoulders without a word.
Then he starts his last journey up Mount Calvary.

PRAYERS

Lord Jesus,
you forced yourself to go up to Calvary
and refused to accept an easier death.

Please let us follow you wherever you lead us,
even if it seems too hard for us.

Lord, by your Cross and Resurrection you have set us free.
You are the Saviour of the world.

Our Father..., Hail Mary..., Glory be... .

Calvary

Tuesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

Today let us meditate on

THE FOURTH STATION: JESUS MEETS HIS MOTHER.

We adore you O Christ, and we bless you.

***Because by your holy Cross,
you have redeemed the world.***

Along the way towards Calvary, Jesus meets his own mother.

As she sees him suffering,

her soul is pierced with great sorrow.

How hard it must have been for her to see the world turning
away from her Son.

PRAYERS

Lord Jesus,
your mother never stopped trusting in you,
even in that darkest moment of all.

Please give us the gift of trust,
so that in our own dark moments,
we may never lose hope in you.

Lord, by your Cross and Resurrection you have set us free.

You are the Saviour of the world.

Our Father..., Hail Mary..., Glory be... .

Calvary

Wednesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

Today let us meditate on

THE SIXTH STATION: VERONICA WIPES THE FACE OF JESUS

We adore you O Christ, and we bless you.

***Because by your holy Cross,
you have redeemed the world.***

A good and holy woman comes forward from the crowd
and wipes the face of Jesus with a cloth.

In the face of Jesus,
she saw a picture of suffering,
and he leaves his image imprinted on her cloth.

PRAYERS

Lord Jesus,
help us to see your image
in those who suffer and in the poor.

As I grow older,
may I become more and more like you.

Lord, by your Cross and Resurrection you have set us free.
You are the Saviour of the world.

Our Father..., Hail Mary..., Glory be... .

Calvary

Thursday

**THE NINTH STATION:
JESUS FALLS UNDER THE WEIGHT OF
THE CROSS**

We adore you O Christ, and we bless you.

***Because by your holy Cross,
you have redeemed the world.***

As Jesus reaches the foot of Calvary, he falls under the weight of the Cross. It was the last time that he would touch the earth before his death. His executioners brutally pull him to his feet.

Lord Jesus, whenever I fall, let me not lose heart, but in your mercy help me to my feet, so that I can go steadily on the way you have chosen for me.

Lord, by your Cross and Resurrection you have set us free.

You are the Saviour of the world.

Our Father..., Hail Mary..., Glory be...

Calvary

Friday

**THE ELEVENTH STATION:
JESUS IS NAILED TO THE CROSS**

We adore you O Christ, and we bless you.

***Because by your holy Cross,
you have redeemed the world.***

Jesus is laid against the wood of the Cross, and nails are driven through his hands and feet into the wood.

As the Cross is raised up, he hangs in agony on his bed of death.

Lord Jesus,
forgive me for the times in my life when I have been cruel.

Please help me to remember
that every time I hurt someone, I hurt you.

Lord, by your Cross and Resurrection you have set us free.

You are the Saviour of the world.

Our Father..., Hail Mary..., Glory be... .