

Heart & Love

MORNING PRAYER

Monday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

Last Friday was the Feast of the Most Sacred Heart of Jesus, and on Saturday, the Feast of the Immaculate Heart of Mary.

How can we understand the significance of these two Feasts of the Heart?

First and foremost, the heart symbolises Life and Love:

- Its a symbol of life, because while the heart continues to beat, we can be said to be alive.

- Its a symbol of love, because even if our heart still beats, we say a life without love is sad and hollow, like an empty shell. Therefore, the Sacred Heart of Jesus is a celebration of God's life-giving love.

In Jesus, God sets the standard of love as being *unconditional* in its source, *complete* in its action, and *fruitful* in its effects. *Unconditional*, because all we have to do is allow him to love us; He does the rest.

Complete because there is nothing of his nature that he holds back in loving us.

Fruitful because as we discover his love for us, so we learn how to love like he does.

So in the Sacred Heart, we are shown that God is 'all heart'.

PRAYERS

Let us pray for those who have lost the capacity to love as Jesus loves.

Our Father.....

St Philip: Pray for us,

House Saint: Pray for us.

In the name....

Heart & Love

Tuesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

The day after celebrating the Feast of the Sacred Heart of Jesus, we celebrate the Feast of Immaculate Heart of Mary. Mary leads the way in showing us how *to reply* to God's love. Her love is 'immaculate', because it is as *unconditional*, and *complete*, and *fruitful* as human love could ever be.

Unconditional, because Mary willingly offers her life to God as Mother to the divine Son.

Complete, because Mary remains a Virgin, devoting all of herself to the well-being of Jesus.

Fruitful, because her love bears fruit in Jesus, and through him, all of humanity can enjoy the fruit of her love.

And so, we call Mary's heart '*immaculate*', because she loves faultlessly and sets the standard of our reply to God's love.

PRAYERS

Let us ask Our Lady to pray for all of us,
who have such need of her Son's merciful love.

Hail Mary...

St Philip: Pray for us,

House Saint: Pray for us.

In the name....

Heart & Love

Wednesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

When a man and a woman surrender themselves to each other in marriage, they give themselves the chance to imitate God in his self-surrendering love.

They try, in their own ways, to love *unconditionally, completely and fruitfully*:-

In the words of the Rite of Marriage, when they marry, husband and wife promise to love each other:-

*for better for worse,
for richer for poorer,
in sickness and in health
till death do us part.*

Having made such an unconditional and complete promise to love each other, they then go on to promise that they will accept children lovingly from God as fruit of their love.

PRAYERS

Let us pray for those of our parents who have found it hard to keep their marriage vows. May they turn to God in their difficulties and find hope in his merciful and loving heart.
Lord, hear us.... **Lord graciously hear us.**

Let us pray for ourselves, that those of us whom God will call to love in Marriage, might not be afraid to respond joyfully to that call.

Lord, hear us.... **Lord graciously hear us.**

St Philip....**pray for us,**

House Saint....**pray for us.**

In the name....

Heart & Love

Thursday

Rosary intention for our parents.

THE SECOND MYSTERY OF LIGHT: THE WEDDING FEAST AT CANA

Jesus performed the first of his signs at the Wedding Feast, and he revealed his glory; and his disciples believed in him.

1x Our Father, who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in Heaven. Give us this day....

10x Hail Mary full of grace the Lord is with thee. Blessed art thou amongst women, and Blessed is the fruit of thy womb, Jesus. Holy Mary...

1x Glory be to the Father, and to the Son, and to the Holy Spirit. As it was... In the name...

Heart & Love

Friday

FRIDAY PRAYER

NEWMAN'S PRAYER TO THE SACRED HEART OF JESUS

Sacred Heart of Jesus,
Make my heart beat with your Heart.
Purify it of all that is earthly,
all that is proud and sensual.
Purify it of all perversity and of all disorder.
Fill my heart with your Heart,
so that neither the events of the day,
nor the circumstance of the time,
may have the power to ruffle it;
but that in your love and your fear,
it may have peace.
Amen.