

Fortitude & Confirmation

MORNING PRAYER

Monday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

This week we reflect of one of the virtues;
the *Virtue of Fortitude*, or being brave.

To be brave means you have to be prepared to suffer,
which means that you have to be *able* to suffer.

Interestingly, an Angel can't be brave because he can't suffer!

When you're brave, you suffer not for the *sake* of suffering,
(which is just stupid) but you are prepared to suffer, because
something or someone that matters to you is under threat.

If you're being brave for someone else, then that is obviously an
example of the virtue of Fortitude, because we are all valuable.

But if you're being brave for *something* else, then that
'something' has to be really important, really valuable.

So first, before being brave, you need to know what *really*
matters, and for that you need the Virtue of Prudence.

Prudence teaches us the *real* value of things.

And then you need to be brave for a *just cause*, so you need the
Virtue of Justice. These virtues come before Fortitude.

Christian Martyrdom is the perfect example of the Virtue of
Fortitude: The Martyr is battling against evil itself, and he
wins the battle against evil by losing his life.

PRAYERS

Let us pray that the example of Christian martyrs help inspire
us to ask God for the gift of fortitude.

Lord, hear us....

St Philip: Pray for us,
House Saint: Pray for us.

In the name....

Inconstancy

Tuesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

If you're a *daredevil*, you're not brave.

That's because what we mean by a 'daredevil' isn't someone who challenges or 'dares' the devil; He isn't fighting a battle against evil. Instead, daredevils behave as if everything, even *trivial*, silly things, are just as valuable as *important* things, so they end up thinking that nothing has real value.

We can say that the definition of a daredevil, is

Risking everything for nothing,

and it is very close to the definition of a coward, which is

Risking nothing for everything,

because the coward thinks nothing is worth fighting for.

Such people have no values;

They end up living unbalanced lives.

They get blown this way and that by the winds of fate

the winds that bring fortune and misfortune.

They run away when they're challenged with real evil.

PRAYERS

Let us pray for ourselves, that we are given the Virtues of *Prudence* and *Justice*, to help us decide what matters in life, and the Virtue of *Fortitude* to help us to bear witness to what really matters.

Lord, hear us....

Let us pray for those who have lost a sense of what matters, especially those in authority, that they be given the virtues to help them stand firm against evil.

Lord, hear us....

St Philip: Pray for us,

House Saint: Pray for us.

In the name....

Fortitude & Confirmation

Wednesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

REFLECTION

At this time of the year, many of you receive the Sacrament of Confirmation, including a Fourth Form group in the School Chapel.

Once you have confirmed your faith before the Bishop, and have received the Sacrament of Confirmation, you have an active part to play in the Church.

You are expected to stand up for what the Church teaches, and help to bring about the will of God through the Church. To be able to do this, you will need especially the Gift of Fortitude.

Saint John Henry Newman said ‘He who has nothing to hope from this world, has nothing to fear from it.’

The Church helps you discover the real value of things, what *really* matters.

Once you’ve received the Sacrament of Confirmation, you need to pray that you have the courage to make your voice heard in bearing good witness to those same things.

PRAYERS

Let us pray for those who receive the Sacrament of Confirmation in the school this week, and for all those who have been confirmed this year, that they receive the gift of Fortitude, and use this great virtue it to bring about the will of God. Lord, hear us....

St Philip: **Pray for us,**
House Saint: **Pray for us.**

In the name....

Fortitude

Thursday
ROSARY REFLECTION

Rosary intention for those in our school who have received the Sacrament of Confirmation this year.

**THE THIRD GLORIOUS MYSTERY:
PENTECOST**

Suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.

Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. They were filled with the Holy Spirit.

1x Our Father, who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in Heaven. **Give us this day....**

10x Hail Mary full of grace the Lord is with thee. Blessed art thou amongst women, and Blessed is the fruit of thy womb, Jesus. **Holy Mary...**

1x Glory be to the Father, and to the Son, and to the Holy Spirit. **As it was... In the name...**

Fortitude

Friday

FRIDAY PRAYER

PRAYER TO THE HOLY SPIRIT

V. Come, Holy Spirit, fill the hearts of your faithful

R. **And kindle in them the fire of your love.**

V. Send forth your Spirit and they shall be created

R. **And you will renew the face of the earth.**

Let us pray.

**Lord, by the light of your Holy Spirit
you have taught the hearts of your faithful.
In that same Spirit help us to relish what is right
and always rejoice in your consolation.
We ask this through Christ our Lord. Amen.**