

# Amen & Annunciation

## MORNING PRAYER

Monday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

### REFLECTION

Today, the 25th March, is the Solemn Feast of the Annunciation.

The 25th March is exactly nine months away from Christmas, when we celebrate the birth of Jesus.

For that reason, the Church chose to celebrate the visit of the Angel Gabriel to Mary, when he announced Almighty God's message of joy to her, and she gave her great and solemn 'Amen' in reply.

And so, with her solemn consent, the Holy Spirit overshadowed her, and the Son of God was conceived in her womb.

### PRAYERS

Let us pray.

Let us ask Our Lady to pray for us, that we have the courage to commit ourselves more fully to her son Jesus.

**Hail Mary....**

In the name....

# Amen & Annunciation

Tuesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

## REFLECTION

We say Amen all the time, but rarely give any thought to what it means.

Amen is the Hebrew word for Yes. But in the Hebrew language, there is more than one word for Yes.

For informal, everyday purposes they use another word, which sounds a bit like *Ken*.

The word 'Amen' is reserved for more solemn, formal meaningful occasions, and it means 'I firmly agree,' or 'When I say Yes, trust me, I mean it seriously'.

So when do you say 'Amen'?

The most important regular occasions that you say Amen is when the priest says 'This is the Body of Christ', or when you add your own 'Amen' to a prayer that someone is making on behalf of everyone in church to God.

In other words, your Amen is your 'word of honour' and a statement of commitment and solemn agreement. During this week, on the 25th March, the Church celebrates the greatest occasion when a human being ever said the word 'Amen'.

## PRAYERS

Let us pray for those who are being persecuted for their faith. May the work of the *Aid to the Church in Need* bring them hope in their times of trial and hardship.

Lord, hear us...

Let us pray for those who risk their own lives working to support our brothers and sisters.

May the Lord give them the gift of fortitude.

Lord, hear us...

**St. Philip: Pray for us. House Saint: Pray for us.**

In the name...

# Amen & Annunciation

Wednesday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

## REFLECTION

Your mother may not say 'Yes' to you very often, or at least as often as you'd like her to, but the only reason you're alive at all is because she opened herself to life, just as Mary did for Jesus.

In that sense, you are the fruit of your own mother's 'Amen'

But assuming that she was married in Church, the biggest 'Amen' your mother have ever said were the threefold Amens that she said when she made her marriage vows to your father.

That was the solemn moment of her commitment to him for life, and him to her.

At the time of the year near to Mothering Sunday, remember to say a prayer of thanksgiving to her for all that she has done for you, and give her a small token of your love, maybe by doing something extra for her.

## PRAYERS

Let us pray.

Let us pray for our mothers, giving thanks for all that they do for us, and asking for them to be filled with God's grace.

Lord, hear us...

**St. Philip: Pray for us.**

*House Saint: Pray for us.*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

# Amen & Annunciation

Thursday

**THE 8.20 MASS TOMORROW IS OFFERED  
FOR THE CHARITIES WE ARE GIVING TO THIS LENT**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

## ROSARY REFLECTION

Let us offer the Rosary this week for our mothers.

### **FIRST JOYFUL MYSTERY: THE ANNUNCIATION**

*The angel said to Mary, 'Do not be afraid, Mary, for you have found favour with God. And now, you will conceive in your womb and bear a son, and you will name him Jesus.'*

*1x Our Father, who art in heaven, hallowed be thy name. Thy Kingdom come, thy will be done on earth as it is in Heaven. Give us this day...*

*10x Hail Mary full of grace the Lord is with thee. Blessed art thou amongst women, and Blessed is the fruit of thy womb, Jesus. Holy Mary...*

*1x Glory be to the Father, and to the Son, and to the Holy Spirit. As it was...In the name...*

Friday

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

## FRIDAY PRAYER

***Remember that you can go to the Chapel for Confession this lunchtime.***

***Let us say together:***

**Bless us Lord, as you call us  
to walk with you on this Lenten Journey.**

**Bless us Lord, as you remind us  
that our purpose is to please you,  
rather than pleasing ourselves.**

**Bless us Lord, as we seek the good of others  
in our prayers, fasting and alms-giving.**